

Where can I get more information?

SA Health

Women's and Children's Hospital
Burns Service
Phone (08) 8161 7000

Royal Adelaide Hospital Burns Unit
Phone (08) 8222 4000

Parent Helpline (24 hr service)
Phone 1300 364 100

Search for 'burns' on these websites:

- > www.wch.sa.gov.au
- > www.cyh.com

Kidsafe SA

Phone (08) 8161 6318

SA Metropolitan Fire Service

Emergency calls 000
General business (08) 8204 3600
www.mfs.sa.gov.au

SA Country Fire Service

Emergency calls 000
CFS bushfire information hotline
1300 362 361
www.cfs.sa.gov.au



**Sponsored by
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Professional Firefighters
Charity Foundation.**



If you do not speak English, request an interpreter from SA Health and the department will make every effort to provide you with an interpreter in your language.



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**Government
of South Australia**

SA Health

Learn don't burn



Put campfires out with water...
not sand or dirt



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Kicking a bit of dirt or sand on the fire to put it out isn't smart because it stays hot for more than eight hours. If you or your kids later touch the dirt-covered fire for just a second, it can still be extremely hot and it will burn skin!

Be smart, only put your campfire out with water. In 10 minutes, it cools below 50 degrees and in eight hours it's harmless.

If your clothes catch on fire

- > **Stop, Cover, Drop and Roll.**
- > Extinguish areas with water if still on fire.
- > Remove clothing unless stuck/melted.

First aid for all burn injuries

- > Remove any clothing and jewellery. Clothes hold in the heat and can make a burn worse.
- > Never use ice, butter, toothpaste or creams.
- > Apply 20 minutes of cool running water.
- > Cover with a clean cloth or clean plastic cling wrap (do not use cling wrap for the face).
- > Seek medical advice if the skin is broken or the burn area is larger than a 20 cent piece.

Firefighters say there are six basic rules for building a safe campfire:

1. Fires should be lit in cleared areas, where there are no overhanging branches and minimal grass and scrub.
2. Ensure the campfire is a safe distance from tents, and that any other camping equipment is stored well away from it – especially flammable items such as gas cylinders, fuel cans etc.
3. Where possible use a fireplace such as a barbeque pit or build a surround out of large rocks.
4. Never use any kind of flammable liquid on a fire – even when you are trying to get it started.
5. Have a bucket of water and a shovel nearby.
6. Put out your campfires with a good amount of water... not sand or dirt.

Remember regulations surrounding campfires are in place during the fire danger season and on a day of total fire ban it's illegal to have a campfire unless you hold a permit.

Make sure that children are kept at least 1 metre away from the campfire so that they don't trip and fall into the fire.