

Mepilex

Mepilex is an absorbent flexible foam dressing used on non infected superficial to partial thickness burns/wounds.

Mepilex has a soft silicone layer which is what comes into contact with the wound bed. It is used on low to moderately weeping/oozing wounds.

Mepilex is designed to reduce trauma to the wound bed and reduce pain to the patient.

Care of the dressing

- Mepilex is a foam and therefore **must not** get wet.
- Try not to allow the dressing to become wet or dirty.
- Your child **can not** go swimming while the dressing is in place.
- Your child should not play in sand or dirt as this may get into the burn, causing an infection.
- You will need to sponge bath your child rather than placing him/her into a bath or the dressing will get wet. If this does occur you will need to return to the hospital for a new dressing to be applied to the burn.
- The dressing can be secured with a number of different products such as Tegaderm, Hypafix or even a crepe bandage. This will be discussed with you by your nurse.

- Mepilex may exhibit some colour variation other than the colour of the dressing when wound weeping/oozing is present; a range of colours are acceptable, but green and yellow are not.

For assistance

Please contact the Burns Nurse via The Women's and Children's Hospital (WCH) switchboard on (08) 8161 7000 if any of the following happens or if you have any concerns.

If the bandage:

- > Becomes wet,
- > Becomes loose or falls off
- > Becomes wet from ooze from the burn
- > Becomes very smelly
- > If your child is extremely itchy or uncomfortable.

If your child develops or shows signs of:

- > Fever
- > Vomiting or diarrhoea
- > Rash
- > Irritability/drowsiness
- > Poor feeding
- > Disinterest in surrounding

They must be examined either at the Emergency Department at the WCH or by your local doctor.

Your next appointment

Your next appointment will be:

On _____

At _____

In _____

If you cannot keep the appointment, please phone the Burns Nurse via the Hospital switchboard on (08) 8161 7000.

Please apply olive/vegetable oil to the white tape (hypafix) to assist with removal and cover the entire dressing with cling wrap.

Give your child a dose of Paracetamol one hour prior to the appointment. This will help to reduce the discomfort.

Day Surgery

3rd floor, Good Friday Building

Burns dressing clinics

Outpatient Department

1st floor, Rogerson Building

> Tuesday – Area 3

Wednesday – Fracture Clinic, ground floor

> Friday – Area 2

For more information

**Women's and Children's Hospital
Burns Service**

3rd floor Good Friday Building

72 King William Road

North Adelaide SA 5006

Telephone: 8161 7000

**www.wch.sa.gov.au - Refer to
Guidelines for the Management of
Paediatric Burns - Burn Service**

Non-English speaking: for information in languages other than English, call the interpreting and Translating Centre and ask them to call Department of Health. This service is available at no cost to you, contact (08) 8226 1990.

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