

## Contact numbers

If you have any concerns about the use of Stratamed™ contact your therapist in Allied Health.

Therapist:

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Telephone: (08) 8161 7381

8.30am – 4.00pm

Monday – Friday

### Disclaimer

The Women's and Children's Hospital Allied Health Department cannot take any responsibility for misuse of these products.

### For more information

Zone A  
Women's and Children's Hospital  
72 King William Rd,  
North Adelaide SA 5006  
Telephone (08) 8161 7000

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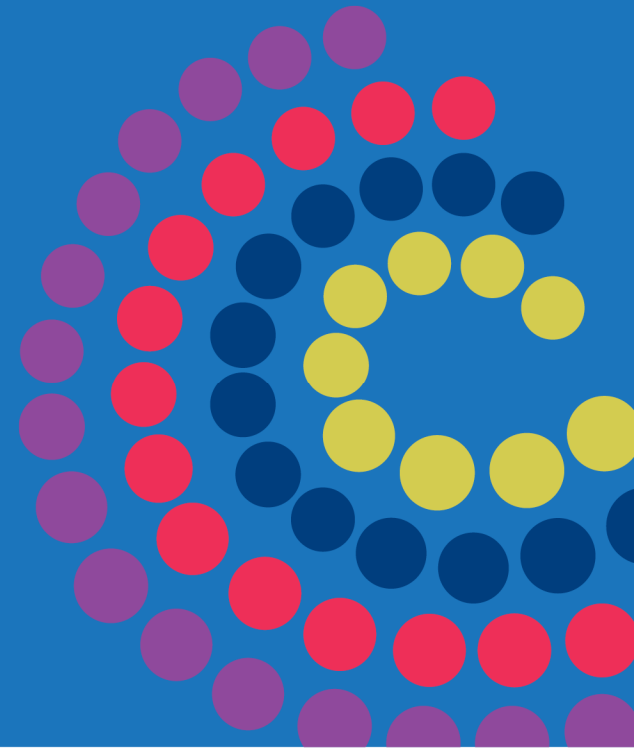
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# Scar Management Stratamed™

Information for patients,  
parents and carers



Government of South Australia  
Women's and Children's  
Health Network



Women's  
& Children's  
Hospital

## Hypertrophic Scarring

Newly healed skin is fragile and the colour of the healed burn or wound is often red or pink. This may take many months to fade to a more normal skin colour.

Scar tissue can become thickened and may not grow at the same rate as normal skin. This can have an effect on appearance and function, especially if the scar is over a joint and affecting movement.

## Scar treatments

Treatment can help to soften and flatten scar tissue and is best started when scar thickening is just beginning. Some treatments such as Stratamed™ can be commenced **before** the wound has fully healed.

Once healed, treatments may include moisturising and massage, use of silicon products and / or wearing of pressure garments, splints, and doing stretches and /or strengthening exercises.



## To Apply Stratamed™

- Ensure that the affected skin or wound is clean and wash your hands well.
- Pat dry as much excess exudate or wound fluid as possible prior to application using gauze or a clean tissue.

On skin not requiring a secondary dressing;

- Apply a very thin layer of the gel to the affected area and allow to dry. The gel should dry in approximately five minutes.

On skin requiring a secondary dressing;

- Apply a thin layer of Stratamed™ then cover with the secondary dressing. Stratamed™ should be re-applied when changing the dressing or checking wound progress.

## Checking the skin

### Skin rash/ spottiness

> Action – Leave the Dermagel™ off until the rash settles. Once the rash has gone, reduce the wearing time to a shorter time and gradually build up wear time again. Contact your therapist for further advice.

### > Skin breakdown

Action: Dressing as advised.

## Precautions for Stratamed™

- Stratamed™ should not be placed in contact with the eyes, inside the nose or mouth.
- If irritation occurs, discontinue use and consult your therapist.
- It is not suitable for wet or highly exudative wounds.
- Should the wound show signs of infection, consult your Therapist. Signs of infection may include open red spots, pus or foul odour.
- Store below 25 degrees C