

# Online Health Support Chat Rules



## For Adolescent and Parent Groups

During the online chat we encourage you to ask lots of questions and offer your support. However, in order to keep the environment safe and comfortable for everyone you must agree to follow these three rules. If you are breaking any of these rules the chat moderators may remove you from the group. Please read and agree to follow all three rules below in order to confirm your registration for the online chat.

### Rule Number 1- Privacy

When you join the chat you must only use your first name or a nickname. We also ask that you do not share your personal contact information during the chat such as your address, phone number, email or any social media profile.

### Rule Number 2- Respect

Be respectful of everyone in the group. Swear words, harsh language or discussion about drugs or alcohol use are not permitted.

### Rule Number 3- General Support Only

The aim of the chat is to provide only general advice, support and information about managing chronic pain. Please reach out to your health care provider for information or answers to specific questions about medications, changes to your treatment plan or immediate concerns about your health

**Please tick the box below and record your name to confirm that you have read and agree to the online chat rules stated above.**

I Click or tap here to enter text. am registering for the Choose an item. online chat. I have read the rules for the group chat and understand that the chat moderators may remove me from the group if I break any of these rules.



#### For more information

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