



wch.sa.gov.au

For more information

Women's Assessment Service
Women's and Children's Hospital
72 King William Road
North Adelaide SA 5006
Telephone: (08) 8161 7530
www.wch.sa.gov.au

Going Home after
Cervical Priming
'Balloon Catheter'
insertion



<https://creativecommons.org/licenses>

© Department for Health and Wellbeing,
Government of South Australia. All rights reserved.



Government of South Australia
Women's and Children's
Health Network



Women's
& Children's
Hospital

Please leave your hospital identification band in place on your wrist whilst you are at home.

Balloon Catheter Home Care

There is no special care required while the catheter is in place and you are free to walk around as normal. There have been a few reports of women having difficulty passing urine while the catheter is in place. Should this occur, you should call **Women's Assessment Service on 81617530** or your **MGP Midwife** and you may need to come back in to have the catheter balloons slightly deflated.

The catheter may spontaneously fall out once you return home (or during the night while you sleep). This is normal and means that your cervix has dilated enough for the balloon to fall out. Should this occur, there is no need to return to the hospital before the

following morning unless you go into labour or experience any of the other symptoms listed below. Please note the time the catheter falls out and report this to the midwife when you return to hospital. The balloon catheter can be discarded into the household waste for disposal.

If you go into labour overnight, you should return to the hospital for usual care (see below). If you have any concerns or questions after going home, we would encourage you to call **Women's Assessment Service on 81617530** or your **MGP Midwife**.

When to contact the hospital

- Your water breaks (even though you may not be experiencing contractions)
- You get significant contractions (more than the usual "practice" contractions that you may have been experiencing in late pregnancy)
- You have any blood loss (more than a "show" previously experienced)
- Your baby's movements are less than usual
- You are concerned, anxious or unduly worried about what is happening for any reason

If you do not go into labour overnight, we ask you to please return to Delivery Suite on the third floor of the Queen Victoria Building the following morning at 6.30am.