

Women's and Children's Hospital

# Pain Relief in Labour: Video transcript

## Professionals Involved – Obstetricians

Hello. My name is Anne and I am a midwife at the Women's and Children's Hospital.

A midwife is one of the main health professionals for maternity care.

Hello. My name is Dr. Ian Symonds and I am a consultant obstetrician at the Women's and Children's Hospital.

Obstetricians are doctors who have done additional specialist medical training in obstetrics and gynaecology.

This training includes the expert management of problems or complications, which can occur during pregnancy, childbirth or after the birth.

There are various models of care for women who choose to birth at the Women's and Children's Hospital.

Obstetricians work with midwives to provide advice and treatment, aiming for the best outcomes for women and their babies.

In the Delivery Suite of the Women's and Children's Hospital, the Obstetric team oversees the progress of women in labour.

We appreciate that childbirth is a natural and personal process.


We hope that by working with the labouring woman, her support people, as well as the midwife involved, a positive experience will be had by all.

With regards to pain relief in labour there are some forms of pain relief that require a doctor's involvement.

In those situations an obstetrician's role is to prescribe or coordinate the type of pain relief requested.

The Women's and Children's Hospital has at least one obstetrician in the hospital at all times with additional specialist obstetricians on-call after hours.

The Women's and Children's Hospital is a hospital which provides specialist training for the specialists of the future.



Obstetric care is provided by both an obstetric registrar who is a qualified doctor training in obstetrics and gynaecology and a specialist obstetrician who also supervises the registrar.

For more information about the training an obstetrician undertakes please click on the link under the 'Further Information' section.

There is also a link to a statement from the Royal Australian and New Zealand College of Obstetricians and Gynaecologists about the role and responsibilities of an obstetrician during childbirth.