

GET IN TOUCH WITH US

You can contact us directly or be referred to us from another service provider.

Once in contact with us we will check to make sure that we are the right service for you.

If another service may be better able to meet your needs we will link you directly to them.

Otherwise you will be contacted by a Youth Health Worker, Nurse or ACHW / Aboriginal Health Practitioner for an initial assessment. This will identify what further care or appointments are needed.

HAVE YOUR SAY

We want our service to be a safe and supportive space for young people and your feedback and participation is important. So get involved and have your say.

You can:

- > talk with us about developing a program to suit your specific needs
- > provide feedback on services through surveys or a feedback form
- > join a consumer advisory group
- > contact the Consumer Feedback Coordinator on 8161 6710 or email WCHNConsumerFeedback@health.sa.gov.au

OUR SERVICE LOCATIONS

Elizabeth
6 Gillingham Road, phone 7117 0920

Christies Beach
50A Beach Road, phone 8326 6053

Angle Park
Westwood Health Centre
Unit 1/40-44 Trafford Street, phone 8243 5637
(Talking Realities Young Parenting Program).

Contact your local Metropolitan Youth Health for information on opening hours and services, or to make an appointment.

Outreach services are also provided at various locations.

www.wchn.sa.gov.au/myh

OTHER YOUTH SERVICES THAT CAN HELP

Youth Mental Health Services, phone 13 14 65

Your local Headspace Centre, www.headspace.org.au

Drug and Alcohol Services of South Australia, phone 1300 13 13 40

SHine SA (Sexual Health Services), phone 1300 79 45 84

Nunkuwarrin Yunti, phone 8406 1600

Your local Aboriginal Primary Health Service

Multicultural Youth SA, phone 8212 0085

Bfriend, phone 8202 5190



If you do not speak English, request an interpreter from SA Health and the department will make every effort to provide you with an interpreter in your language.



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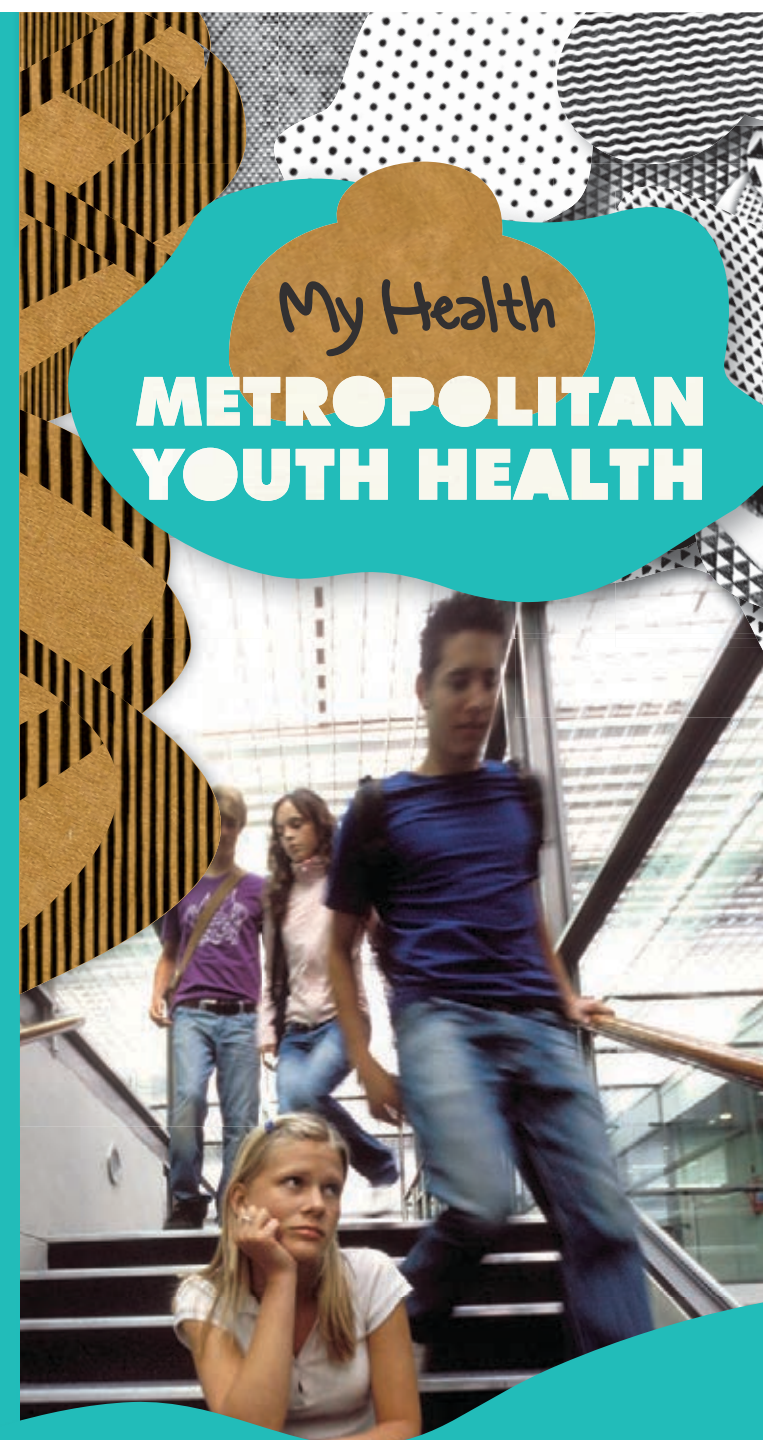
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METROPOLITAN YOUTH HEALTH

MYH is a trauma aware and trauma responsive, specialist health care provider.

We offer a range of free and confidential clinical health services to vulnerable young people aged 12–25, with a focus on young people under 18 years.

Our services are tailored to young people who are primarily:

- > currently or previously under the Guardianship of the Minister
- > under Guardianship of the Chief Executive
- > Aboriginal and/or Torres Strait Islander
- > young pregnant and/or parenting women and their partners
- > currently or previously at the Kurlana Tapa Youth Justice Centre
- > refugees
- > not able to live at home
- > same sex attracted and/or gender diverse

AND who are struggling to understand and/or attend to their own health.

We are here to help you, so contact us today to find out more about the services we offer.

Interpreters can be arranged if necessary. Simply let us know your language and if there are gender requirements.



OUR SERVICES

Our services include:

- > assessment and care coordination of general medical issues (for doctor and nurse clinics an appointment is needed)
- > immunisation
- > sexual health:
 - assessment and screening
 - Pap smears
 - contraception advice (including emergency contraception)
 - pregnancy testing and referral
- > antenatal and post natal care
- > health education
- > drug and alcohol issues
- > programs for pregnant and parenting young women and their partners, including:
 - health care, education, training and career pathways
 - case management and group activities.

OUR TEAM

Our services are provided by our experienced:

- > Aboriginal Clinical Health Workers
- > Youth Health Workers (who are Allied Health Professionals)
- > Community Nurses/Midwives
- > Nurse Practitioner
- > Doctors
- > Administrative Workers.

Our service sites are in the northern, western and southern metropolitan Adelaide areas, with the Talking Realities Young Parenting Program based in the western area with outreach to our Elizabeth site.

We also provide a visiting health service to the Kurlana Tapa Youth Justice Centre and other areas across metropolitan Adelaide.

All our services are confidential and respect your right to privacy.

