

# Online communication and behaviour

## Do you think it's OK to...

Tick the appropriate box.

	Definitely	Maybe	No way
Harass someone online?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Post pictures or tag people without permission?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
False-tag someone's name in a pic?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Post things about someone online?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Post personal info about someone in a public space?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
'Troll', or to post things to provoke others intentionally?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Join a hate group on Facebook?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Start a hate group on Facebook?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Send abusive/prank messages/texts/phone calls?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Join a site without reading the Terms and Conditions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Harassment definition

Harassment and bullying are any unwelcome behaviours that hurt, shame, offend or scare another person and may affect their health, safety and wellbeing. This may include physical violence, emotional violence, isolation and ganging up. This behaviour is usually, but not always repeated.

## **What is ‘cyber bullying’?**

“Cyber bullying’ is just another type of bullying which uses technology as a means of victimising, intimidating, controlling, manipulating, insulting or humiliating others.’

# Social network terms and conditions activity

Do you recognise where the following Terms and Conditions are from?

1. You will not bully, intimidate, or harass any user.
2. You will not post content that: is hateful, threatening, or pornographic; incites violence; or contains nudity or graphic or gratuitous violence.
3. You will not use this site to do anything unlawful, misleading, malicious, or discriminatory.
4. You will not provide any false personal information on this site, or create an account for anyone other than yourself without permission.
5. You will not create more than one personal profile.
6. If we disable your account, you will not create another one without our permission.
7. You will not use your personal profile for your own commercial gain (such as selling your status update to an advertiser).
8. You will not use this site if you are under 13.
9. You will not use this site if you are a convicted sex offender.
10. You will keep your contact information accurate and up-to-date.
11. You will not share your password, (or in the case of developers, your secret key), let anyone else access your account, or do anything else that might jeopardize the security of your account.
12. You will not post content or take any action on this site that infringes or violates someone else's rights or otherwise violates the law.
13. If you collect information from users, you will: obtain their consent, make it clear you are the one collecting their information, and post a privacy policy explaining what information you collect and how you will use it.

You own all of the content and information you post on this site, and you can control how it is shared through your privacy and application settings. In addition:

14. For content that is covered by intellectual property rights, like photos and videos ("IP content"), you specifically give us the following permission, subject to your privacy and application settings: you grant us a non-exclusive, transferable, sub-licensable, royalty-free, worldwide license to use any IP content that you post on or in connection with this site ("IP License"). This IP License ends when you delete your IP content or your account unless your content has been shared with others, and they have not deleted it.

# How to prevent cyber bullying

## > **Guard your contact information and yourself**

Only give your cell phone number, instant messaging name or e-mail address to trusted friends, and keep a note of who you've given it to.

Do not add people you do not know to MSN, Facebook, MySpace etc and do not meet people from online that you do not know. Be aware of what information you are sharing online. Ensure you know what the privacy settings do and that they are at an appropriate level. If you are concerned or unsure, contact the administrators or support desk to get further information.

## > **Google yourself**

How much personal information is there online about you? How easy is it to find? Should you change your Facebook profile settings?

## > **Take a stand against cyber bullying**

Speak out whenever you see someone being mean to another person online. Most people respond better to criticism from their peers than to disapproval from adults or moderators.

## **What to do if you're being bullied online:**

### > **Tell someone**

### > **Report, block and delete**

One of the most effective ways is to block or delete the harassment without showing any other form of come-back. Keep in mind that the main way a cyber bully gains power is, usually, by mass humiliation. No matter what website they use (Facebook, Twitter, etc) the easiest way for them to hurt you is to post a comment or update for everyone to see. By blocking or removing them from your profile (along with anyone who encourages or supports the bully), you are able to minimise the effect they have on you. It's likely the bully will get tired of writing comments just to have them deleted before anyone can comment on them or see them.

### > **Walk away**

Just like in real life, walking away from a chat room or forum is very effective. This may be logging off temporarily, or entirely deleting a profile permanently or for a short amount of time.

### > **ALWAYS save a copy of the harassment**

This may include screen shots, emails, SMS, chat logs or any other way you can save the information. Make sure to save all the information in a place that is offline (and preferably on something that is not directly accessible on your computer – i.e. removable media such as thumbdrives/cds etc). If the issue escalates to the police, this can all be used as evidence. If you believe your account has been hacked, keep a record of the IP address that had unauthorized access to your account along with time and date (if possible) and immediately change your password to something completely different to your last password while ensuring to add numbers, symbols, capitals and spaces where possible. Don't forget to use a firewall and to install and regularly run a good antivirus for protection.

### > **Do not bully back**

While it may be the first impulse, to quickly type a heated comment back, try to resist. If you do it, you're also bullying. Many instances of cyberbullying are designed specifically to get a response from the victim. Don't play into their traps.

# Overshare activity

Divide the class in half and assign one half of the room to the 'friends' cards and the other to the 'status updates' cards. (These cards can be created by printing the following pages on colour paper, cutting out individual "friends" and "status updates" and laminating the cards.)

Have students read their status update out loud and ask which of the friends the participant would like to share the status update with. Ask particular friends what they would think if they read the update and what impact this would have on their opinion of the person.

Explain that even if people have setting organised to 'only friends' that many people the message wasn't intended for can read it.

Discuss friends of friends, tagging photos etc.

**Your mum**

**Your best mate**

**Your cousin**

**Imam/pastor/pries  
minister/rabbi**

**Random**

**Youth worker**

**Grandmother**

**Crush**

## Overshare activity – status update cards

**Oh my God, I would love a cheese sandwich right now**

**Fell on my a\*#\$ in the canteen right in front of everyone – sooooo embarrassing**

**Worst day ever.  
No-one understands me and no-one cares.**

**Wooo burnout!**  
(pic of car and you in front of massive skid marks)

**Maths fail 😞 TEN out of 70!!! mum. will. kill. me.**

**Suspended again – and wasn't even the one smoking!**

**Massive fights in my family. I hate them ALLL**

**Can't believe I was the one cheated on and now have to get tested!!!**